

**\*\*\*TO BE DISCONTINUED AT LEAST 2 WEEKS PRIOR TO SURGERY\*\*\***

**Please review the following list of drugs and herbal preparations carefully as such medications can cause unwanted bleeding problems and affect the way anesthesia works during and after a surgical procedure.**

**ASPIRINS, IBUPROFENS, NSAID'S, ECT...**

- Advil
- Aleve
- Anaprox
- Arthrotec
- Aspirin
- Cataflam
- Clinoril
- Daypro
- Disalcid
- Dolobid
- EC-Naprosyn
- Easprin
- Ecotrin
- Excedrin
- Feldene
- Ibuprofen
- Indocin
- Lodine
- Motrin
- Nalfon
- Naprelan
- Naprosyn
- Naproxen
- Nuprin
- Orudis
- Oruvail
- Ponstel
- Relafen
- Salflex
- Tolectin
- Toradel
- Trilisate
- Vioxx
- Voltaren

\*\*\*Instead, medications containing acetaminophens (such as Tylenol) and/or prescription Celebrex may be taken.

**HERBAL PREPARATIONS**

- **XENICAL**- is for people who are considerably overweight (have a body mass index of 30 or greater). It is also for people who are overweight (have a body mass index of 27 or greater) and have other risk factors such as high blood pressure, high cholesterol, heart disease or diabetes.
- **MERIDIA**- affects chemicals in the brain that affect weight maintenance. It is used together with diet and exercise to treat obesity that may be related to diabetes, high cholesterol, or high blood pressure.
- **ST. JOHN'S WORT**- is widely known as an herbal treatment for depression.
- **FEN-PHEN** – was an anti-obesity medication (an anorectic) which consisted of two drugs: fenfluramine and phentermine.
- **PHENTERAMINE** –is a stimulant that is similar to an amphetamine. It is an appetite suppressant that affects the central nervous system. It is used together with diet and exercise to treat obesity in people with risk factors such as high blood pressure, high cholesterol, or diabetes.
- **REDUX** – (dexfenfluramine hydrochloride capsules), an anti-obesity drug, is a serotonin reuptake inhibitor and releasing agent.

**\*\*NOTE\*\***

The brand names of these herbal preparations may vary rapidly as manufacturer's market "new" products. However, the precautions noted above still pertain for preparations containing **ephedra, ma huong, and phentaramine** regardless of how they package or rename these substances. You are encouraged to ask about herbal medications as part of your patient history and physical. This will help to reduce the number of cases cancelled on the day of surgery because of patients taking these medications.

**All of the above listed medications should be discontinued at least 2 weeks prior to surgery and may not be taken after surgery until released to do so by Dr. Sarah Troxel.**

**PATIENT SIGNATURE:**

**DATE:**